

## Correlation between the arsenic concentrations in the air and the SMR of lung cancer

Masaharu Yoshikawa · Kazuo Aoki ·  
Naoyuki Ebine · Masahiro Kusunoki ·  
Akihiro Okamoto

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### Abstract

**Objectives** To verify whether the concentrations of arsenic (As) and its compounds in the air (referred to here as arsenic concentrations) affect the standardized mortality ratio (SMR) associated with lung cancer.

**Methods** Using monitoring survey data on arsenic concentrations published by the Ministry of the Environment, we classified the municipalities for which arsenic concentrations were measured (measured municipalities) into ten groups according to the average arsenic concentration. We then determined the SMR of lung cancer, stomach cancer, pneumonia, cerebrovascular disease and cardiac disease for each group using socio-demographic data, such as the national census and demographic trends. The relationships between these factors were compared and investigated by statistical means.

**Results** No effect of arsenic concentrations on stomach cancer, cerebrovascular disease or cardiac disease was observed, and while significant differences in pneumonia were observed among several of the male subjects, there were no significant effects of arsenic concentration. However, lung cancer and arsenic concentration showed a significantly positive correlation for both males and

females (males: Spearman  $r = 0.709$ ,  $P < 0.05$ ; females: Spearman  $r = 0.758$ ,  $P < 0.05$ ). The probability of type  $\alpha$  error was less than 5% in areas with more than 1.77 ng As/m<sup>3</sup> (71st percentile) and less than 1% in areas with more than 2.70 ng As/m<sup>3</sup> (91st percentile). These results confirm that the SMR of lung cancer tends to be higher than the national average in areas of higher arsenic concentrations. **Conclusions** The SMR of lung cancer is significantly higher in areas with arsenic concentrations of 1.77 ng/m<sup>3</sup> or more.

**Keywords** Air pollutant · Arsenic · Lung cancer · Municipal tobacco tax income · Standardized mortality ratio

### Introduction

Arsenic (As) concentrations in the atmosphere are known to be high in Saganoseki-cho (now Saganoseki district, Oita City, due to a municipal merger) in Oita Prefecture, where a copper smelter is located. To safeguard the health of the town's residents, since 1974 Oita Prefecture Agency has regularly measured the level of arsenic from a monitoring site located on the roof of Town Hall of Saganoseki-cho [1]. Smelters of nonferrous metals, such as copper and zinc, are scattered throughout Japan, and it is known that arsenic concentrations tend to be high in areas neighboring such industries [2]. At a meeting of the Public Health Association that was open to the general public, speakers involved in public health in Oita Prefecture reported that the mortality rate of the town's residents due to lung cancer was higher than the average of Oita prefecture.

The Air Pollution Control Law was partially amended in May 1996, and one of the major amendments was in the area

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M. Yoshikawa · K. Aoki · N. Ebine · M. Kusunoki ·  
A. Okamoto  
Division of Preventive Medicine, Department of Human  
Environmental and Social Medicine, Oita University  
Faculty of Medicine, Yufu, Oita 879-5593, Japan

#### Present Address:

K. Aoki (✉)  
Division of Environmental and Preventive Medicine,  
Department of Social and Environmental Medicine,  
University of the Ryukyus, Faculty of Medicine,  
207 Uehara, Nishihara-cho, Okinawa 903-0215, Japan  
e-mail: aoki-k@med.u-ryukyu.ac.jp

of health-related countermeasures against long-term exposure to low concentrations of hazardous air pollutants. In a report by the Central Environment Council made in October 1996, following implementation of the amendments, arsenic was selected as one of 22 substances that are to be regarded as hazardous air pollutants associated with high health risks. The report also recommended that immediate action be taken to ensure that arsenic levels remain at acceptable levels. Arsenic has been classified as a group 1 carcinogen by the World Health Organization's (WHO) International Agency for Research on Cancer [3]. The standard value of arsenic is  $0.002 \mu\text{g}/\text{m}^3$ , which is equivalent to a  $10^{-5}$  risk level of the unit risk set by the US Environmental Protection Agency, whose values are considered to be equal to the standard environmental values used in Japan. The guidelines established by the WHO's European Regional Office has set the value at  $0.0067 \mu\text{g}/\text{m}^3$  [4].

Few reports are available on the effect of arsenic concentrations on the human body, especially regarding malignant neoplasms of the trachea, bronchus and lung (lung cancer). However, numerous studies have described the arsenic content in foods and drinking water [5–8], and data in reports on arsenic in the working environment indicate that the carcinogenic risk among workers increases in the presence of more than  $54.6 \mu\text{g}/\text{m}^3$  of arsenic in the atmosphere [9]. This value attracted our attention as it emphasizes that there are significant differences in the concentrations of arsenic that are considered to have an effect on human health in the working environment and those embedded in environmental standards. In addition, the causal relation between smoking and lung cancer has almost been established by many groups of researchers [10–15], and smoking is the immediate causal factor in 70% of all lung cancers for men [16].

The aim of this study was to verify whether the arsenic concentrations truly influenced the incidence and mortality of patients with lung cancer by performing a statistical analysis using mainly statistical data. To examine the smoking confounders causing lung cancer, we added four diseases as targets: cerebrovascular disease and heart disease (two of the three major causes of death in Japan); stomach cancer (cancer); pneumonia (noncancerous respiratory diseases).

## Materials and methods

### Data

The statistical data used were obtained from: (1) the monitoring of hazardous air pollutants [17], (2) national health maps maintained by the municipality [18], (3) health and welfare statistics [19], (4) national census results [20],

(5) monthly and annual data on environmental air values [21] and (6) municipal settlement situation surveys [22].

### Overview of the hazardous air pollutants survey

The survey was conducted by each local public authority according to both the guidelines and the manual for measurement methods established by the Ministry of the Environment, and the methods for collecting and analyzing samples were consistent among municipalities. As a rule, suspended solids in the atmosphere were collected as samples using an high volume air sampler at least once a month at the same measurement point with due consideration of seasonal changes, diffusion, wind direction and other factors, and the level of arsenic was quantitatively determined using a mass spectrometry method after appropriate sample preparation, such as acid treatment. The published data include the names of each measurement point, number of samples, average values and range from minimum to maximum at each measurement point for each year and each of the municipalities carrying out measurements.

The definition of a measured municipality is a municipality in which the prefecture had conducted surveys for 5 consecutive years (1999–2003) by placing monitoring/measurement stations at one or more locations in that municipality (representative locations, locations in close proximity to a factory and areas along roads). In total, there were 388 measurement locations/monitoring stations in 264 measured municipalities.

### Summarizing and grouping of arsenic concentrations

Based on the data obtained from source (1), we calculated the average value from FY1999 to FY2003 per measured municipality for the 264 measured municipalities throughout the country where arsenic concentrations were measured. The measured municipalities were then ranked in increasing order of average arsenic concentrations and subsequently classified into ten groups for every ten percentile (see Table 1).

### Summarizing and analyzing SMRs

To assess mortalities in the observed groups (ten percentile groups) associated with lung cancer, stomach cancer, cerebrovascular disease and cardiac disease, we first summarized and then used the latest data obtained from (2) and the data on pneumonia from (3) for the 5 years from FY (fiscal year) 1995 to FY 1999. For mortalities of the standard group (nationwide), we summarized and then used mortalities classified by age into 5-year groups for (3) in the same year. For the population of the standard group and

**Table 1** Summary of measured municipalities

Location	Total no. in Japan	Number of measured municipalities and population in each percentile group									
		PTG 1–10 (<0.77)	PTG 11–20 (0.77–0.90)	PTG 21–30 (0.90–1.04)	PTG 31–40 (1.04–1.20)	PTG 41–50 (1.20–1.36)	PTG 51–60 (1.36–1.60)	PTG 61–70 (1.60–1.77)	PTG 71–80 (1.77–2.20)	PTG 81–90 (2.20–2.70)	PTG 91–100 (≥2.70)
<b>Cities and wards</b>											
Number	672	21	23	21	27	24	23	25	25	24	24
Men (1000×)	48,864	2,323	2,900	2,151	2,054	5,211	2,567	4,355	3,295	2,445	3,589
Women (1000×)	50,783	2,489	3,056	2,262	2,102	5,221	2,603	4,541	3,376	2,650	3,812
Total (1000×)	99,648	4,812	5,956	4,413	4,156	10,432	5,169	8,897	6,671	5,095	7,401
<b>Towns and villages</b>											
Number	2,558	6	3	5	0	2	3	2	1	2	3
Men (1000×)	13,098	52	26	90	0	34	17	31	9	14	17
Women (1000×)	13,951	51	27	89	0	33	18	29	10	16	19
Total (1000×)	27,049	102	53	179	0	67	34	60	19	30	36
<b>Municipalities</b>											
Number	3,230	27	26	26	27	26	26	27	26	26	27
Men (1000×)	61,963	2,375	2,926	2,241	2,054	5,245	2,583	4,386	3,305	2,459	3,606
Women (1000×)	64,735	2,539	3,083	2,351	2,102	5,254	2,621	4,570	3,386	2,665	3,831
Total (1000×)	126,697	4,914	6,009	4,593	4,156	10,499	5,204	8,956	6,691	5,125	7,437

Each numerical value represents the sum of data obtained from the National Census (2000). Those individuals for whom the age was unknown were not included in the data set MMs. Municipalities for which arsenic concentrations were measured; PTG, percentile group. The range is given in ten-percentile groups. The numbers in parenthesis with each PTG indicate the range in arsenic concentrations (ng/m<sup>3</sup>)

the observation groups, the population was classified by age into 5-year groups according to (4) in 1995 and 2000.

The respective SMRs were derived by the difference from actual mortalities after expected mortalities of the observation groups were calculated by means of proportional calculations [23], and the correlation between arsenic concentrations and SMRs of lung cancer, stomach cancer, pneumonia, cerebrovascular disease and cardiac disease were statistically analyzed.

#### Interannual change in arsenic concentrations (assessment of latency period)

Because the monitoring of hazardous air pollutants (1) began in FY 1997, it was necessary to determine the difference from earlier arsenic concentrations levels and to consider a latency period for the carcinogenesis caused by arsenic concentrations. A bibliographical survey was conducted to encompass prefectures that had conducted arsenic surveys in the late Showa Era. We found that iron, manganese, vanadium and other elements in the atmosphere had been measured by ten prefectures during this period but that atmospheric arsenic concentrations had been analyzed by only three prefectures: Aomori, Shiga and Oita. One of the reasons why arsenic was not monitored so widely is probably linked to the analytic approach necessary: arsenic concentrations are determined by atomic absorption spectrometry for which a reduction–vaporization method must be used; as such, arsenic can not be analyzed together with other metals. In Aomori Prefecture, we were able to obtain data from Aomori City [24, 25], in Shiga Prefecture, we obtained data from Otsu City, Nagahama City, Youkaichi City and Imazucho [26, 27], and in Oita Prefecture, we obtained data from Oita City [28] and Saganoseki-cho [1].

#### Correlation between air-polluting substances and arsenic concentrations

Because the air-polluting substances include sulfur dioxide (SO<sub>2</sub>), nitrogen dioxide (NO<sub>2</sub>), suspended particulate matter (SPM), carbon monoxide (CO), among others, for which environmental quality standards have been set [29], we checked whether the presence of air-polluting substances (confounders) affected the relationship between arsenic concentrations and the SMRs of lung cancer, stomach cancer, pneumonia, cerebrovascular disease and cardiac disease. Therefore, the data for three air-polluting substances—SO<sub>2</sub>, a known causative substance of asthma, and NO<sub>2</sub> and SPM, which have recently received a great deal of attention due to their high concentrations in car exhaust emissions [30]—were used as representative indices and summarized for each ten-percentile group using the data of (5) from FY 1999 to FY 2003. The results were

analyzed statistically using the Kruskal–Wallis test and the Scheffe test. In addition, to determine the interannual change in arsenic concentrations and the concentrations of air-polluting substances, we collected nationwide average data on SO<sub>2</sub>, NO<sub>2</sub> and SPM from the late Showa Era to the most recent period [31].

#### Effect of smoking on lung cancer

The effect of smoking on lung cancer has been particularly well documented [14, 15]. Therefore, using data on the “municipal tobacco tax income” obtained from source (6) from FY 1999 to FY 2003, we obtained the annual tobacco tax income amount per adult (tobacco consumption) in the measured municipalities. A statistical analysis was performed using the Kruskal–Wallis test between each ten-percentile group to investigate these effects. In addition, the tobacco tax is a local tax that is imposed on tobacco consumption, and when a tobacco maker sells tobacco to a retailer, the retailer has to pay the tobacco tax to the municipality in which they are located. The tax rate as of 1998 was 2,434 yen per 1,000 cigarettes that were sold to retailers. To the best of our knowledge, we are the first to have used the total taxed amount divided by the number of adults in each ten-percentile group as indicators of the amount of tobacco consumed by each target group.

#### Analysis

The difference in the respective SMRs was evaluated, assuming a Poisson distribution as established by Furukawa and Tango [32]. The estimate of each SMR confidence interval in each percentile group was based on “analyses essential for epidemiology” by Nakamura [33, 34]. For the correlation between SMRs of each disease and arsenic in each percentile group, we used the Spearman rank correlation coefficient of a nonparametric indicator, as the SMR showed a Poisson distribution. In the test for differences between air-polluting substances, such as each SO<sub>2</sub> concentration in each percentile group, we used the Kruskal–Wallis test, which is a nonparametric test. In addition, when a significant difference was observed between groups, the presence or absence of each significant difference was verified using the Scheffe analysis as a post hoc comparison. The Kruskal–Wallis test was used to test the differences in the taxed amount of tobacco per adult in each percentile group. Pearson’s product-moment correlation coefficient ( $r$ ) was used to study the relationship between the average value of arsenic concentrations and the average value of air-polluting substances in each percentile group. In the test for differences between males and females in the SMR of each disease, we used the paired  $t$  test.

## Results

### Arsenic concentrations

A summary of the municipalities with high and low arsenic concentrations is shown in Table 1. The maximum average value of arsenic concentrations for the 5-year study period was 24.9 ng/m<sup>3</sup> in Saganoseki-cho; the minimum average value was of 0.36 ng/m<sup>3</sup>, in Obihiro. The average arsenic concentration ( $\pm$  standard deviation) for the 5-year period was 1.71  $\pm$  1.75 ng/m<sup>3</sup>. In addition to Saganoseki-cho, most of the municipalities which have nonferrous metal smelters located within their boundaries, such as Takehara (8.15 ng/m<sup>3</sup>), Naoshima-cho (7.92 ng/m<sup>3</sup>), Hachinohe (5.09 ng/m<sup>3</sup>), Tamano (4.10 ng/m<sup>3</sup>) and Niihama (3.40 ng/m<sup>3</sup>), also belonged to the percentile group 91–100, as did Kitakyushu (3.24 ng/m<sup>3</sup>), Osaka (3.13 ng/m<sup>3</sup>) and Yokkaichi (3.05 ng/m<sup>3</sup>), each of which has industrial areas.

### Interannual change of arsenic concentrations

The interannual change in the average arsenic concentrations, averaged for 5-year periods, was assessed in seven cities and towns of three prefectures that had long-term data on arsenic concentrations (Table 2). This information was then considered in terms of the latency period for carcinogenesis associated with atmospheric arsenic levels. The national average concentrations of SO<sub>2</sub>, NO<sub>2</sub> and SPM during the same periods are also given in Table 2.

### Correlation between the state of air pollution and arsenic concentrations

The average concentration of SO<sub>2</sub>, NO<sub>2</sub>, and SPM for each ten-percentile group is given in Table 3. For the NO<sub>2</sub> concentration, there was no significant difference between the ten-percentile groups, as determined by the Kruskal–Wallis analysis of variance ( $P = 0.153$ ). However, there was a significant difference in the SO<sub>2</sub> and SPM concentrations (SO<sub>2</sub>:  $P = 0.042$ ; SPM:  $P = 0.038$ ) and, therefore, the Scheffe test was conducted. However, there was no significant difference for either SO<sub>2</sub> or SPM between the individual percentile groups.

### Smoking situation for each percentile group

A summary of the municipal tobacco tax income per adult in the measured municipalities comprising each percentile group is given in Table 3. No significant difference was observed between the groups using the Kruskal–Wallis analysis of variance ( $P = 0.120$ ).

### Correlation between arsenic concentrations and air-polluting substances

A highly significant statistically positive correlation was observed for the air-polluting substances studied between the average value of arsenic concentrations data and the average value of SO<sub>2</sub> data in each percentile group. Pearson's product-moment correlation coefficient ( $r$ ) and the corresponding  $P$  values for this correlation were  $r = 0.810$  and  $P = 0.005$ , respectively. No significant statistical correlation was observed between the average value of the arsenic concentrations and the average value of the NO<sub>2</sub> and SPM data in each percentile group (NO<sub>2</sub> data:  $r = -0.074$ , NS; SPM data:  $r = 0.519$ , NS).

### Results of an analysis of SMRs

The SMRs of lung cancer, stomach cancer, pneumonia, cerebrovascular disease and cardiac disease for each of the ten-percentile groups are given in Table 4. The Spearman rank correlation coefficient did not reveal any correlation between arsenic concentrations and the respective SMRs of stomach cancer, cerebrovascular disease and cardiac disease in males and females ( $P < 0.05$ ). Pneumonia showed a significantly positive correlation in male subjects in the Spearman rank correlation coefficient (Spearman  $r = 0.891$ ,  $P < 0.001$ ), and the SMR was significantly high (showing percentile group 91–100), but the other groups did not show significantly high values. In contrast with men, there were no significant correlations in women (Spearman  $r = 0.515$ , NS). The SMR was significantly high, showing percentile group 41–50, but there were no significant differences in the high percentile groups.

However, lung cancer had a significantly positive correlation for both women and men (men: Spearman  $r = 0.709$ ,  $P < 0.05$ ; women: Spearman  $r = 0.758$ ,  $P < 0.05$ ), and the probability of type  $\alpha$  error was less than 5% in areas with more than 1.77 ng/m<sup>3</sup> (71st percentile) of arsenic concentrations and less than 1% in areas with more than 2.70 ng/m<sup>3</sup> (91st percentile). This result confirms that the SMR of lung cancer tends to be higher than the national average (see Fig. 1).

## Discussion

To verify whether arsenic affects the incidence of various diseases, it is important to consider the validity of the latency period and the spatial representability of the measurement points of arsenic concentration. In terms of the validity of the latency period, the ideal approach would be to observe the effect of arsenic concentrations on the

**Table 2** Interannual change in arsenic concentrations in seven cities and towns and average concentrations of air-polluting substances in Japan

Prefecture	Municipalities	Parameters	Measurement period					
			1974–1978; LP: 25 years	1979–1983; LP: 20 years	1984–1988; LP: 15 years	1989–1993; LP: 10 years	1994–1998; LP: 5 years	1999–2003 monitoring survey <sup>a</sup>
Aomori	Aomori C.	Mean (ng/m <sup>3</sup> )	6.3	3.5				1.01
		Range of concentrations (min–max)	2–13	<1–8				<0.13–4.0
		Number of samples	8	64				60
Shiga	Otsu C.	Mean (ng/m <sup>3</sup> )	9.6		7.4			1.34
		Range of concentrations (min–max)	ND–105		ND–63			<0.016–4.6
		Number of samples	85		108			86
	Nagahama C.	Mean (ng/m <sup>3</sup> )	4.6		2.0			0.87
		Range of concentrations (min–max)	1–38		ND–12			<0.016–4.2
		Number of samples	33		28			61
	Youkaichi C.	Mean (ng/m <sup>3</sup> )			1.5			1.01
		Range of concentrations (min–max)			ND–6			<0.02–5.2
		Number of samples			24			60
	Imazu-cho	Mean (ng/m <sup>3</sup> )	2.0		1.6			0.57
		Range of concentrations (min–max)	ND–10		ND–9			<0.014–2.3
		Number of samples	23		28			30
Oita	Oita C.	Mean (ng/m <sup>3</sup> )			3.8	2.7		1.47
		Range of concentrations (min–max)			ND–8	ND–7		0.029–6.3
		Number of samples			32	41		120
	Saganoseki-cho	Mean (ng/m <sup>3</sup> )	26	13	27	13		25
		Range of concentrations (min–max)	1–170	2–31	4–150	<1–28		0.12–186
		Number of samples	18	17	12	19		58
Whole country	SO <sub>2</sub>	Mean (ppm)	0.0200	0.0142	0.0062	0.0058		0.0048
	NO <sub>2</sub>	Mean (ppm)	0.0198	0.0154	0.0152	0.0172		0.0170
	SPM	Mean (mg/m <sup>3</sup> )	0.0502	0.0412	0.0372	0.0374		0.0344

LP, latency period

<sup>a</sup> Monitoring survey means the monitoring of hazardous air pollutants survey by Ministry of the Environment. There are no measurement data in empty columns

**Table 3** Average concentrations of hazardous air pollutants and a summary of the municipal tobacco tax income per adult in measured municipalities comprising each percentile group

	PTG 1–10 (<0.77)	PTG 11–20 (0.77–0.90)	PTG 21–30 (0.90–1.04)	PTG 31–40 (1.04–1.20)	PTG 41–50 (1.20–1.36)	PTG 51–60 (1.36–1.60)	PTG 61–70 (1.60–1.77)	PTG 71–80 (1.77–2.20)	PTG 81–90 (2.20–2.70)	PTG 91–100 (≥2.70)
<b>Arsenic concentrations</b>										
Mean (ng/m <sup>3</sup> )	0.61	0.85	0.97	1.11	1.27	1.48	1.69	1.96	2.40	4.69
SD (ng/m <sup>3</sup> )	0.12	0.03	0.03	0.05	0.05	0.07	0.06	0.13	0.14	4.25
Number of MMs	27	26	26	27	26	26	26	27	26	27
<b>SO<sub>2</sub> concentrations</b>										
Mean (ppm)	0.0037	0.0039	0.0037	0.0037	0.0041	0.0037	0.0040	0.0049	0.0044	0.0050
SD (ppm)	0.0015	0.0016	0.0017	0.0013	0.0013	0.0014	0.0015	0.0014	0.0012	0.0023
Number of MMs	18	21	21	26	24	25	23	24	25	26
<b>NO<sub>2</sub> concentrations</b>										
Mean (ppm)	0.015	0.017	0.016	0.015	0.018	0.020	0.017	0.019	0.015	0.016
SD (ppm)	0.006	0.007	0.007	0.007	0.005	0.012	0.007	0.007	0.004	0.006
Number of MMs	19	23	21	24	24	25	24	25	24	25
<b>SPM concentrations</b>										
Mean (mg/m <sup>3</sup> )	0.024	0.027	0.027	0.026	0.029	0.029	0.030	0.031	0.029	0.029
SD (mg/m <sup>3</sup> )	0.007	0.007	0.007	0.007	0.006	0.007	0.006	0.006	0.003	0.006
Number of MMs	19	22	22	26	25	25	24	25	24	26
<b>Municipal tobacco tax income</b>										
Mean (yen/adult)	8,352	9,708	8,708	8,523	8,747	7,847	8,189	9,058	8,798	8,232
SD (yen/adult)	1,867	6,369	1,317	1,074	1,776	1,373	1,385	2,406	1,510	1,625
Number of MMs	27	26	25	27	26	26	26	27	26	27

MMs, Municipalities for which arsenic concentrations were measured; SD, standard deviation; PTG, percentile group. The range is given in ten-percentile groups. The numbers in parenthesis with each PTG indicate the range in arsenic concentrations (ng/m<sup>3</sup>). There was no significant difference for NO<sub>2</sub> concentrations between the ten PTGs by the Kruskal–Wallis test. There was a significant difference in the SO<sub>2</sub> and SPM concentrations by the Kruskal–Wallis test, but no significant difference for either SO<sub>2</sub> or SPM was observed between the individual PTGs by the Scheffe test. And no significant difference was observed between the ten PTGs concerning the municipal tobacco tax income by the Kruskal–Wallis test

**Table 4** SMRs of lung cancer, stomach cancer, pneumonia, cerebrovascular disease and cardiac disease for each of ten percentile group

Percentile groups Range (ng/m <sup>3</sup> )	PTG 1–10 (<0.77)	PTG 11–20 (0.77–0.90)	PTG 21–30 (0.90–1.04)	PTG 31–40 (1.04–1.20)	PTG 41–50 (1.20–1.36)	PTG 51–60 (1.36–1.60)	PTG 61–70 (1.60–1.77)	PTG 71–80 (1.77–2.20)	PTG 81–90 (2.20–2.70)	PTG 91–100 (≥2.70)
<b>SMR of lung cancer</b>										
Men										
SMR	1.009	0.921*	1.006	0.992	0.960*	0.961	1.016	1.045*	1.054*	1.134**
AMs/EMs	1397/1385	1478/1604	1266/1258	1125/1134	2472/2574	1198/1246	1708/1681	2355/2254	1433/1359	2380/2099
95% CI	0.957–1.064	0.875–0.967	0.952–1.064	0.935–1.052	0.923–0.998	0.908–1.016	0.969–1.066	1.003–1.089	1.000–1.112	1.089–1.184
Women										
SMR	1.036	0.993	1.028	0.974	1.018	1.028	1.111*	1.111*	1.117*	1.223**
AMs/EMs	552/533	584/588	477/464	409/420	923/907	471/458	681/613	930/837	594/532	978/800
95% CI	0.952–1.129	0.915–1.077	0.939–1.127	0.883–1.073	0.954–1.087	0.938–1.128	1.030–1.203	1.041–1.190	1.030–1.217	1.148–1.312
<b>SMR of stomach cancer</b>										
Men										
SMR	1.028	0.959	0.969	1.087*	0.999	1.003	1.018	0.980	0.953	1.065*
AMs/EMs	1289/1254	1397/1457	1107/1143	1024/1034	2369/2372	1153/1149	1571/1543	2029/2070	1175/1233	2027/1904
95% CI	0.973–1.087	0.910–1.010	0.913–1.027	1.025–1.156	0.959–1.040	0.946–1.063	0.969–1.070	0.938–1.023	0.900–1.008	1.019–1.114
Women										
SMR	1.072	0.973	1.018	1.070	1.012	1.016	1.040	1.024	0.913*	1.044
AMs/EMs	761/710	765/786	629/618	598/559	1235/1220	627/617	855/822	1149/1122	647/709	1110/1063
95% CI	0.998–1.155	0.906–1.044	0.941–1.102	0.987–1.163	0.957–1.071	0.939–1.100	0.972–1.114	0.966–1.086	0.845–0.983	0.984–1.109
<b>SMR of pneumonia</b>										
Men										
SMR	0.948*	0.876**	0.956	0.893**	0.989	1.027	1.008	0.992	1.040	1.125**
AMs/EMs	1629/1717	1697/1937	1470/1538	1185/1326	2852/2885	1463/1425	1922/1907	2582/2602	1733/1666	2807/2495
95% CI	0.903–0.995	0.835–0.916	0.908–1.005	0.844–0.943	0.953–1.025	0.975–1.082	0.964–1.054	0.955–1.031	0.992–1.092	1.084–1.170
Women										
SMR	0.920*	0.872**	0.982	0.879**	1.045*	1.052	1.044	0.972	1.033	1.041
AMs/EMs	1432/1557	1407/1613	1269/1292	1031/1174	2479/2372	1316/1250	1720/1648	2218/2283	1582/1531	2371/2278
95% CI	0.873–0.967	0.828–0.916	0.929–1.038	0.828–0.933	1.005–1.088	0.997–1.113	0.995–1.096	0.932–1.012	0.983–1.087	1.000–1.085
<b>SMR of cerebrovascular disease</b>										
Men										
SMR	0.973	0.971	0.966	1.037	0.944**	0.918**	0.955*	0.922**	0.943*	1.000
AMs/EMs	2540/2610	2905/2992	2279/2360	2159/2081	4390/4648	2086/2273	2910/3046	3799/4121	2406/2552	3873/3872
95% CI	0.936–1.011	0.936–1.007	0.927–1.006	0.994–1.083	0.916–0.972	0.879–0.957	0.921–0.990	0.893–0.951	0.904–0.980	0.969–1.032
Women										
SMR	0.975	0.989	1.008	1.045*	0.968*	0.913**	0.942*	0.930**	0.913**	0.978
AMs/EMs	2898/2973	3105/3139	2518/2499	2371/2268	4532/4680	2217/2429	3033/3220	4128/4441	2676/2931	4285/4380
95% CI	0.940–1.011	0.955–1.024	0.969–1.049	1.004–1.089	0.940–0.996	0.876–0.950	0.909–0.975	0.902–0.958	0.879–0.947	0.949–1.008
<b>SMR of cardiac disease</b>										
Men										
SMR	1.013	0.982	0.995	1.013	0.945**	0.969	0.976	1.050**	0.949*	1.033*
AMs/EMs	2792/2756	3119/3175	2488/2501	2247/2219	4735/5012	2371/2447	3194/3274	4640/4419	2565/2703	4243/4109
95% CI	0.976–1.052	0.948–1.017	0.956–1.035	0.972–1.056	0.918–0.972	0.931–1.008	0.943–1.010	1.020–1.082	0.913–0.986	1.002–1.065



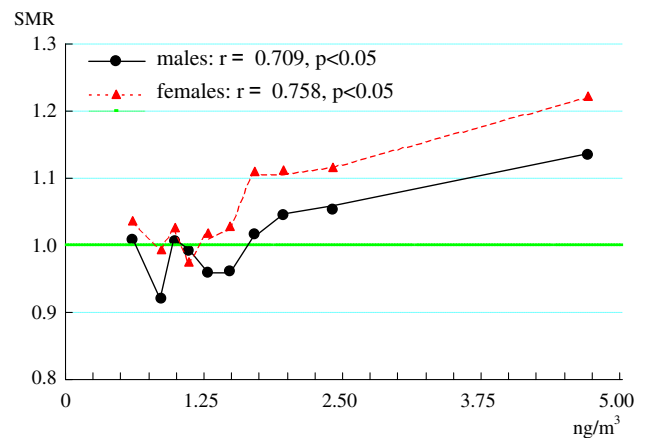
**Table 4** continued

Percentile groups Range (ng/m <sup>3</sup> )	PTG 1–10 (<0.77)	PTG 11–20 (0.77–0.90)	PTG 21–30 (0.90–1.04)	PTG 31–40 (1.04–1.20)	PTG 41–50 (1.20–1.36)	PTG 51–60 (1.36–1.60)	PTG 61–70 (1.60–1.77)	PTG 71–80 (1.77–2.20)	PTG 81–90 (2.20–2.70)	PTG 91–100 (≥2.70)
Women										
SMR	0.987	0.972	1.005	1.015	0.978	0.989	0.998	1.051**	0.966	1.024
AMs/EMs	2852/2889	2965/3051	2442/2431	2236/2204	4444/4543	2332/2358	3120/3127	4534/4313	2752/2850	4360/4259
95% CI	0.951–1.024	0.937–1.007	0.966–1.046	0.974–1.059	0.950–1.007	0.949–1.030	0.963–1.034	1.021–1.083	0.930–1.002	0.994–1.055

\**P* = 0.05, \*\**P* = 0.01

AMs, Actual mortalities; EMs, expected mortalities; 95% CI, 95% confidence interval

The numbers under each PTG indicate the range in arsenic concentrations. The numbers of AMs or EMs are the average of 5 years (1999–1995)



**Fig. 1** The standardized mortality ratios (SMRs) of lung cancer for each ten-percentile group. The SMRs are plotted at the position of the mean concentration of each percentile group

respective SMRs over the long term; however, we had only limited statistical data. Based on the Pearson’s product-moment correlation coefficient (Table 3), we found a highly significant statistically positive correlation between the arsenic concentration and the SO<sub>2</sub> concentration data in each percentile group. Because most atmospheric SO<sub>2</sub> originates from activities associated with industry, such as exhaust emissions from factories, we hypothesize that the characteristics of arsenic concentrations are similar those of SO<sub>2</sub>. A weak correlation was observed between the arsenic concentrations and the SPM concentrations, while very little correlation was observed between the former and the NO<sub>2</sub> concentrations. Therefore, we infer that car exhaust emissions and not industrial activities influence both NO<sub>2</sub> and SPM concentrations.

Following implementation of the Environmental Pollution Diet Session in 1970, antipollution measures began to be established across Japan, and from 1985 to 1988 (the 60s of Showa Era), there was overall progress in the environmental policy, the adoption of advanced pollution prevention technology by companies and efforts toward conserving resources and energy [35]. Based on reports that describe how industrial pollution has been reduced, it is highly unlikely that the situation across the country between 1999 and 2003 was worse than that in the late Showa Era. Table 2 provides data on this situation; in particular, it can be seen that the SO<sub>2</sub> and SPM concentrations for the whole country have been gradually decreasing in each 5-year period. The arsenic concentrations showed the same tendency in the six cities and towns of this study, with the exception of Saganoseki-cho, which showed a leveling-off tendency. As described above, although we cannot be certain based on data obtained from only seven cities and towns in three prefectures, we conclude that the residents in measured municipalities had

been exposed to arsenic for long periods of time at certain concentrations and that these concentrations have decreased sequentially over the years. In other words, the arsenic concentrations have gradually stabilized during the 5-year period from FY 1999 to FY 2003.

In terms of the spatial representability of the measurement points, among the measured municipalities, 66 measured municipalities had multiple measurement points, while the remaining 198 measured municipalities had only one measurement location/station each. However, because most of the 198 measured municipalities used public facilities as their measurement points, mostly located in the centers of the measured municipalities, and measured the arsenic concentration levels at least once a month while taking seasonal variations, wind direction, and other factors into consideration, they can be considered to be representative of residents' exposure to arsenic, although still technically insufficient.

The effect of smoking is a key confounder, particularly for lung cancer. An appropriate technique for assessing this confounder was unavailable at the time of the study, though we searched for an analytical technique that would assume smoking to be an adjustment variable. While searching, we used the tobacco tax to verify the smoking confounder. In an ecological study, it is believed that the effect from potential confounders, such as smoking, cannot be adjusted sufficiently. Therefore, the analysis we conducted was not to demonstrate that smoking did not act as the confounder, but rather to verify whether there were differences in each percentile group, with the assumption that smoking has already had an effect on each percentile group. Based on the findings of the Kruskal–Wallis test there were no significant differences with regard to tobacco taxes in each percentile group; therefore, it may seem that the amount of tobacco consumption affected each group at the same intensity. However, the following limitations are associated with the tobacco tax as employed in our study: (1) it is not sufficient as a confounder to presume that smoking influences each individual; (2) in terms of the influence on the group, the statistical data related to the tobacco tax are not effective factors for many smoking confounder indices to clarify the smoking influence. We recognize that it is necessary to pay scrupulous attention to the evaluation of smoking confounders when the tobacco tax is used as a confounding factor. Therefore, we have no intention of concluding that the confounding effect of smoking can be completely excluded in a statistical analysis using the tobacco tax that we employed. As for the relationship between smoking and lung cancer, we are considering pursuing further studies as an important part of our future agenda, based on the synergistic effects of arsenic exposure and smoking as well as other ecological perspectives.

Based on the results presented here, which show no correlation between arsenic concentrations and the SMRs of men and women for stomach cancer, cerebrovascular disease and cardiac disease, we suggest that arsenic is not linked to the appearance of these diseases. In terms of the SMR of pneumonia, no significant differences in arsenic levels were observed for female subjects, but the results showed a higher probability for male subjects. However, only groups with percentile group 91–100 showed significant differences in the SMRs. It is conceivable that this resulted from the working environment of male factory workers because most groups with percentile group 91–100 comprised of subjects who lived in cities close to or encompassing industrial areas. Moreover, no significant differences were observed between female subjects, thereby supporting our suggestion that arsenic had no effect on the appearance of pneumonia.

For the SMR of lung cancer, we observed a strongly positive correlation for both males and females (particularly noteworthy in percentile groups with high arsenic concentrations) as well as significant difference from high percentile groups (see Fig. 1). It can therefore be presumed that arsenic concentrations may have certain effects on the appearance of lung cancer. However, no correlation was found for either men or women in the groups of less than 51st percentile (men: Spearman  $r = -0.4$ , NS; women: Spearman  $r = -0.5$ , NS) on Fig. 1. This result is believed to originate from the fact that the SMR of lung cancer is strongly affected if arsenic concentrations are observed to exceed a certain level.

In terms of the paired  $t$  test, no significant differences in the respective SMRs between women and men were observed for stomach cancer, pneumonia, cerebrovascular disease or cardiac disease. However, lung cancer did show a significant difference and tended to be higher among females ( $P < 0.001$ ); this was particularly noticeable in percentile groups with high arsenic concentrations (the groups of more than 51st percentile:  $P < 0.001$ ). The causes for this development are based on numbers; the “smoking population in 1999 was estimated to be 33,630,000, including 26,420,000 males and 7,210,000 females, and about eight of ten smokers were male” [36]. Therefore, one of the causes of this result may be that the amount of tobacco tax that we used for verifying the smoking confounder was to determine the differences in the amount of tobacco consumption per adult and, therefore, the differences between males and females were not predicted. However, one cause of the significant differences in the SMRs of lung cancer between males and females is probably due to the fact that 80% of smokers in Japan are males. Another likely cause is that most of the male subjects worked outside of residential areas. It has also been reported that “A difference in sensitivity to toxic

chemical substances is an important and difficult issue in assessing health risk. Sensitivity factors can be regarded as age, gender difference, and history of disorders, but that it is genetically controlled is also known [37].” Therefore, further investigation and study are called for to elucidate the effect of gender difference and other factors.

The results of this analysis verify that SO<sub>2</sub>, NO<sub>2</sub> and SPM, which are found among air-polluting substances, do not affect the correlation between arsenic concentrations and the respective SMRs. However, heavy-metal positioning was observed in carcinogenic rating group 1 according to International Agency for Research on Cancer, which included nickel and hexavalent chromium in its analyses [38]. We therefore believe that further investigations on the relationship between these hazardous air pollutants and the SMR of lung cancer is called for.

In conclusion, our statistical analysis indicates that the SMR of lung cancer is significantly high in areas with arsenic concentrations of 1.77 ng/m<sup>3</sup> or more.

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